

1. An olfactory test for self-screening neurological diseases, said test comprising a booklet having a plurality of pages, said plurality of pages including:
  - (a) a plurality of odor-containing sources, each of the odor-containing sources containing a familiar odor;
  - (b) a plurality of labels located adjacent to each of the odor-containing sources and providing choices of possible identity for the adjacent odor-containing source;
  - (c) a removably covered answer key which correctly identifies each of the odor-containing sources;
  - (d) a first instruction for self-administering the test without assistance from a medical professional;
  - (e) a second instruction for self-scoring the test using the answer key to determine an olfactory test result without assistance from a medical professional; and,
  - (f) a third instruction for self-interpreting the olfactory test result without assistance from a medical professional.
2. The olfactory test of claim 1 wherein the third instruction instructs a user to take further action in the event of a positive olfactory test result.
3. The olfactory test of claim 1 wherein the second instruction instructs a user to:
  - (a) compare a selected label for each odor-containing source from the plurality of labels provided for such source to the answer key;
  - (b) indicate an incorrect answer; and,
  - (c) ascertain a total number of incorrect answers.

4. The olfactory test of claim 1 wherein the answer key is removably covered by a sealed cover sheet.
5. The olfactory test booklet of claim 1 wherein four labels are provided for each odor-containing source.
6. The olfactory test of claim 1 wherein the plurality of labels selected for each odor-containing source are distinctly different from each other.
7. The olfactory test of claim 1 wherein the plurality of odor-containing sources are distinctly different from each other.
8. The olfactory test of claim 1 wherein a first plurality of labels are located adjacent to a first odor-containing source and the first plurality of labels are fruit, cinnamon, woody and coconut; wherein a second plurality of labels are located adjacent to a second odor-containing source and the second plurality of labels are turpentine, soap, dog and black pepper; wherein a third plurality of labels are located adjacent to a third odor-containing source and the third plurality of labels are motor oil, garlic, rose and lemon; wherein a fourth plurality of labels are located adjacent to a fourth odor-containing source and the fourth plurality of labels are apple, grass, smoke and grape; wherein a fifth plurality of labels are located adjacent to a fifth odor-containing source and the fifth plurality of labels are lemon, strawberry, chocolate and black pepper; wherein a sixth plurality of

labels are located adjacent to a sixth odor-containing source and the sixth plurality of labels are mint, rose, lime and fruit; wherein a seventh plurality of labels are located adjacent to a seventh odor-containing source and the seventh plurality of labels are watermelon, peanut, rose and paint thinner; wherein an eighth plurality of labels are located adjacent to an eighth odor-containing source and the eighth plurality of labels are banana, garlic, cherry and motor oil; wherein a ninth plurality of labels are located adjacent to a ninth odor-containing source and the ninth plurality of labels are smoke, whiskey, pineapple and onion; wherein a tenth plurality of labels are located adjacent to a tenth odor-containing source and the tenth plurality of labels are rose, lemon, apple and gasoline; wherein an eleventh plurality of labels are located adjacent to an eleventh odor-containing source and the eleventh plurality of labels are soap, black pepper, chocolate and peanut; and wherein a twelfth plurality of labels are located adjacent to a twelfth odor-containing source and the twelfth plurality of labels are chocolate, banana, onion and fruit.

9. The olfactory test of claim 8 wherein the first odor-containing source is cinnamon; wherein the second odor-containing source is turpentine; wherein the third odor-containing source is lemon; wherein the fourth odor-containing source is smoke; wherein the fifth odor-containing source is chocolate; wherein the sixth odor-containing source is rose; wherein the seventh odor-containing source is paint thinner; wherein the eighth odor-containing source is banana; wherein the ninth odor-containing source is pineapple; wherein the tenth odor-containing source is gasoline; wherein the eleventh odor-containing source is soap; and wherein the twelfth odor-containing source is onion.

10. The olfactory test of claim 1 wherein each of the odor-containing sources has a unique distinguishing visual feature.
11. The olfactory test of claim 1 wherein the neurological diseases include Alzheimer's Disease.
12. The olfactory test of claim 1 further including a first sheet with an instruction about the olfactory test for a medical professional.
13. The olfactory test of claim 1 further including an instrument for releasing the familiar odor from the plurality of odor-containing sources and recording the possible identity of the odor-containing sources.
14. A method for self-screening neurological diseases, said method comprising:
  - (a) providing a booklet having a plurality of pages, said plurality of pages including:
    - (i) a plurality of odor-containing sources, each of said odor-containing sources containing a familiar odor;
    - (ii) a plurality of labels located adjacent to each of the plurality of odor-containing sources and providing choices of possible identity for each adjacent odor-containing source;
    - (iii) a removably covered answer key which correctly identifies each of the odor-containing sources; and

- (iv) a first instruction for self-administering the test without assistance from a medical professional;
    - (v) a second instruction for self-scoring the test using the answer key to determine an olfactory test result without assistance from a medical professional;
    - (vi) a third instruction for self-interpreting the olfactory test result without assistance from a medical professional;
  - (b) self-administering the olfactory test without assistance from a medical professional;
  - (c) self-scoring the olfactory test without assistance from a medical professional; and
  - (d) self-interpreting the olfactory test without assistance from a medical professional.
15. The method of claim 14 which includes instructing a user to take further action in the event of a positive test result.
16. The method of claim 14 wherein the step of providing a booklet includes providing a booklet having a plurality of labels that are distinctly different from each other.
17. The method of claim 14 wherein the step of providing a booklet includes providing a booklet having a plurality of odor-containing sources that are distinctly different from each other.

18. The method of claim 14 which includes providing a first plurality of labels that are located adjacent to a first odor-containing source and the first plurality of labels are fruit, cinnamon, woody and coconut; providing a second plurality of labels that are located adjacent to a second odor-containing source and the second plurality of labels are turpentine, soap, dog and black pepper; providing a third plurality of labels that are located adjacent to a third odor-containing source and the third plurality of labels are motor oil, garlic, rose and lemon; providing a fourth plurality of labels that are located adjacent to a fourth odor-containing source and the fourth plurality of labels are apple, grass, smoke and grape; providing a fifth plurality of labels that are located adjacent to a fifth odor-containing source and the fifth plurality of labels are lemon, strawberry, chocolate and black pepper; providing a sixth plurality of labels that are located adjacent to a sixth odor-containing source and the sixth plurality of labels are mint, rose, lime and fruit; providing a seventh plurality of labels that are located adjacent to a seventh odor-containing source and the seventh plurality of labels are watermelon, peanut, rose and paint thinner; providing an eighth plurality of labels that are located adjacent to an eighth odor-containing source and the eighth plurality of labels are banana, garlic, cherry and motor oil; providing a ninth plurality of labels that are located adjacent to a ninth odor-containing source and the ninth plurality of labels are smoke, whiskey, pineapple and onion; providing a tenth plurality of labels that are located adjacent to a tenth odor-containing source and the tenth plurality of labels are rose, lemon, apple and gasoline; providing an eleventh plurality of labels that are located adjacent to an eleventh odor-containing source and the eleventh plurality of labels are soap, black pepper, chocolate and peanut; and providing a twelfth plurality of labels that are located adjacent to a

twelfth odor-containing source and the twelfth plurality of labels are chocolate, banana, onion and fruit.

19. The method of claim 18 which includes providing a first odor-containing source that is cinnamon; providing a second odor-containing source that is turpentine; providing a third odor-containing source that is lemon; providing a fourth odor-containing source that is smoke; providing a fifth odor-containing source that is chocolate; providing a sixth odor-containing source that is rose; providing a seventh odor-containing source that is paint thinner; providing an eighth odor-containing source that is banana; providing a ninth odor-containing source that is pineapple; providing a tenth odor-containing source that is gasoline; providing an eleventh odor-containing source that is soap; and providing a twelfth odor-containing source that is onion.
20. The method of claim 14 wherein the neurological diseases include Alzheimer's Disease.